



Department of Genetic Engineering and Biotechnology
Faculty of Health and Life Sciences
B.Sc. (Hons.) in Genetic Engineering and Biotechnology
Final Examination Fall 2025

Course Code: AOL0223-1309
Level and Term: L-1, T-3
Time: 2 hours

Section: 251 (A+B)

Course Title: Art of Living
Course Teacher Initial: FAA
Total Marks: 40

Splitting any answer is strictly prohibited

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| 1 | Illustrate a mind map on <u>Healthy Lifestyle</u> . Describe how you currently manage your health in areas such as daily habits, nutrition, exercise, sleep, and mental well-being. For any areas that you do not manage well, explain strategies or actions you could take to improve them. [CLO1, PLO2, C2] | 8 |
| 2 | Explain how you can use the concept of Ikigai to handle the pressure of choosing a career influenced by your family, society, or peers. Describe how this concept can guide you in selecting a path that aligns with your passion, strengths, and purpose. [CLO1, PLO2, C2] | 8 |
| 3 | Discuss a social contribution you made. How did this activity help promote sustainability or well-being in your community, and which SDGs does it relate to? [CLO2, PLO9, C3] | 8 |
| 4 | With the rise of AI-based tools, many students use AI-generated reports for assignments and online quizzes. From an ethical standpoint, analyze whether relying on AI for academic work is morally justifiable. List your reasoning in clear points. [CLO3, PLO11, C4] | 8 |
| 5 | You and your team are presenting a group project in front of the class and your course teacher. You're responsible for introducing the topic and ending the presentation with a summary. The projector suddenly malfunctions, and all eyes are on you. You feel a bit flustered, but you know you need to keep your composure and maintain the audience's attention. | |
| (a) | What does "first impression" mean to you in this scenario? Assess how different factors (such as appearance, confidence, and communication) contribute to creating a strong and positive impression in front of your classmates and teacher. Justify your evaluation with examples. [CLO4, PLO6, C5] | 4 |
| (b) | Evaluate the importance of adjusting your tone and delivery when speaking to a classroom audience. Compare this with casual conversations and assess how the differences impact the audience understands and engagement during a presentation. [CLO4, PLO6, C5] | 4 |